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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/1**  **(二)** | **香菇肉燥米粉湯**  **C:\Users\user\Desktop\佩佳\裁切菜單\香菇肉燥米粉湯.jpg** | **烤雞腿** | **三彩杏鮑菇** | **咕咾肉** | **魚香茄子** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\香烤雞腿.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\杏鮑菇炒玉米筍.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\咕咾肉.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\魚香茄子.jpg** |
| **木須炒蛋** | **菠菜** | **泡菜炒年糕** | **油菜** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\紅蘿蔔炒蛋.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\泡菜年糕.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\油菜.jpg** |
| **四神湯** |  | **筍片雞湯** |  |
| **C:\Users\user\Desktop\佩佳\裁切菜單\四神湯.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\筍片雞湯.jpg** |  |
| **3/2**  **(三)** | **玉米肉末粥**  **C:\Users\user\Desktop\佩佳\裁切菜單\玉米肉末粥.jpg**  **滷蛋** | **黑胡椒豬排** | **百頁燒肉末** | **咖哩烏龍麵** | **烤雞腿** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\黑胡椒豬排.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\百頁燒肉末.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\日式炒烏龍麵.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\香烤雞腿.jpg** |
| **彩繪南瓜** | **高麗菜** | **高麗菜** | **麻油雞湯** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\彩繪南瓜.jpg** |  |  |  |
| **冬瓜肉絲湯** |  | **黑糖銀耳湯** |  |
| **C:\Users\user\Desktop\佩佳\裁切菜單\冬瓜肉絲湯.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\黑糖地瓜銀耳湯.jpg** |  |

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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/3**  **(四)** | **鍋貼**  **C:\Users\user\Desktop\佩佳\裁切菜單\鍋貼.jpg**  **少糖豆漿**  **C:\Users\user\Desktop\佩佳\裁切菜單\低糖豆漿.jpg** | **夏威夷炒飯** | **烤雞塊** | **清蒸魚** | **小瓜炒美白菇** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\夏威夷炒飯.jpg** |  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\小黃瓜美白菇.jpg** |
| **青江菜** | **酸菜白肉鍋** | **日式蒸蛋** | **韮菜豆芽** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\青江菜.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\素香蒸蛋.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\韭菜豆芽.jpg** |
| **紅豆湯圓** |  | **關東煮湯** |  |
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| **3/4**  **(五)** | **古早味炒麵**  **C:\Users\user\Desktop\佩佳\裁切菜單\古早味炒麵.jpg**  **黃豆芽湯** | **烤鯖魚** | **西芹肉絲** | **紅燒獅子頭** | **蒜香毛豆莢** |
|  | **C:\Users\user\Desktop\佩佳\裁切菜單\西芹肉絲.jpg** |  |  |
| **洋蔥炒蛋** | **高麗菜** | **雙花菜** | **番茄豆腐** |
|  | **C:\Users\user\Desktop\佩佳\裁切菜單\炒高麗菜.jpg** |  |  |
| **味增豆腐湯** |  | **金針花湯** |  |
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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/5**  **(六)** | **麵包**  **C:\Users\user\Desktop\佩佳\裁切菜單\奶酥麵包.jpg**  **保久乳**  **C:\Users\user\Desktop\佩佳\裁切菜單\保久乳.jpg** |  | **豆干燒雞** | **梅干蒸肉** | **雞柳炒雙花** |
|  | **C:\Users\user\Desktop\佩佳\裁切菜單\豆干燒雞.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\蒸梅干肉.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\雞柳炒雙花.jpg** |
| **蒸蛋** | **白菜滷** | **蠔油豆包絲** | **開陽蒲瓜** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\日式蒸蛋.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\蛋酥白菜滷.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\蠔油豆包絲.jpg** |  |
| **油菜** | **海鮮濃湯** | **薑母鴨** |  |
| **C:\Users\user\Desktop\佩佳\裁切菜單\油菜.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\海鮮濃湯.jpg** |  |  |
| **3/6**  **(日)** | **肉燥刀削湯麵**  **C:\Users\user\Desktop\佩佳\裁切菜單\肉燥刀削湯麵.jpg** | **蔥燒豬排** | **紅燒烤麩** | **石鍋拌飯** | **香酥魚片** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\蔥燒豬排.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\紅燒豆輪.jpg** | **C:\Users\user\Desktop\佩佳\石鍋拌飯.jfif** | **C:\Users\user\Desktop\佩佳\裁切菜單\香酥魚排.jpg** |
| **洋芋三絲** | **高麗菜** | **花椰菜** | **南瓜排骨湯** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\洋芋三絲.jpg** |  |  | **C:\Users\user\Desktop\佩佳\南瓜排骨湯.jfif** |
| **紫菜蛋花湯** |  | **紅豆紫米** |  |
| **C:\Users\user\Desktop\佩佳\裁切菜單\海芽蛋花湯.jpg** |  |  |  |

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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/7**  **(一)** | **玉米雞茸粥**  **C:\Users\user\Desktop\佩佳\每日菜單\玉米雞茸粥.jpg**  **滷油豆腐**  **C:\Users\user\Desktop\佩佳\裁切菜單\滷油豆腐.jpg** | **肉絲什錦麵** | **炸排骨** | **海帶滷肉** | **洋蔥鮪魚** |
| **C:\Users\user\Desktop\佩佳\午晚餐主食\什錦肉絲炒麵.jpg** |  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\炒洋蔥.jpg** |
| **小白菜** | **冬菜鴨肉湯** | **鳳梨麵筋木耳** | **青江菜** |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\鳳梨木耳.jpg** |  |
| **珍珠奶茶** |  | **珍菇蛋花湯** |  |
| **C:\Users\user\Desktop\佩佳\裁切菜單\珍奶.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\玉米珍菇湯.jpg** |  |
| **3/8**  **(二)** | **鍋燒意麵** | **筍干梅花肉** | **干絲海帶絲** | **茄汁魚丁** | **醬香肉末豆干** |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\茄子魚丁.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\醬瓜肉末豆干.jpg** |
| **蛋酥白菜滷** | **油菜** | **小瓜拌粉皮** | **大陸妹** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\蛋酥白菜滷.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\芥藍菜.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\涼拌小瓜粉皮.jpg** | **C:\Users\user\Desktop\佩佳\青菜類\大陸妹.jpg** |
| **剝皮辣椒雞湯** |  | **白菜肉絲湯** |  |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\榨菜肉絲湯.jpg** |  |

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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/9**  **(三)** | **花生麵筋**  **C:\Users\user\Desktop\佩佳\花生麵筋.jpg**  **C:\Users\user\Desktop\佩佳\裁切菜單\紅蘿蔔炒蛋.jpg胡蘿蔔炒蛋**  **肉燥燙青菜**  **C:\Users\user\Desktop\佩佳\裁切菜單\肉燥青菜.jpg** | **義大利肉醬麵** | **烤雞** | **芋頭燒肉** | **玉米炒雞丁** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\義大利肉醬麵.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\迷迭香烤雞腿.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\芋頭燒雞.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\玉米炒雞丁.jpg** |
| **菠菜** | **魷魚羹湯** | **韭菜甜不辣** | **小白菜** |
| **C:\Users\user\Desktop\佩佳\每日菜單\蠔油芥藍菜.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\魷魚羹.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\韭菜花炒甜不辣.jpg** |  |
| **桂圓紅棗茶** |  | **香菇雞湯** |  |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\香菇雞湯.jpg** |  |
| **3/10**  **(四)** | **水餃**  **C:\Users\user\Desktop\佩佳\裁切菜單\水餃.jpg**  **海芽蛋花湯** | **烤鮭魚片** | **脆瓜蒸肉餅** | **紅燒獅子頭** | **西芹白靈菇** |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\紅燒獅子頭.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\西芹白靈菇.jpg** |
| **大陸妹** | **豆干花生** | **蕃茄炒蛋** | **青江菜** |
| **C:\Users\user\Desktop\佩佳\青菜類\大陸妹.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\番茄炒蛋.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\青江菜.jpg** |
| **玉米濃湯** |  | **榨菜肉絲湯** |  |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\金針菇肉絲湯.jpg** |  |

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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/11**  **(五)** | **肉羹麵**  **C:\Users\user\Desktop\佩佳\裁切菜單\肉羹麵.jpg** | **照燒雞** | **春捲/QQ丸** | **鮮蔬雞末炒飯** | **鐵板豬柳** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\照燒雞.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\炸地瓜QQ丸.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\鮮蔬雞肉炒飯.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\鐵板豬柳.jpg** |
| **韮菜蒼蠅頭** | **豆芽菜** | **油菜** | **關東煮湯** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\蒼蠅頭.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\芥藍菜.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\關東煮湯.jpg** |
| **蘿蔔黑輪湯** |  | **芋頭西米露** |  |
| **C:\Users\user\Desktop\佩佳\裁切菜單\關東煮湯.jpg** |  |  |  |
| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/12**  **(六)** | **大亨堡**    **保久乳**  **C:\Users\user\Desktop\佩佳\裁切菜單\保久乳.jpg** | **炸喜相逢** | **大白燒肉片** | **香菇燒雞** | **西芹炒肉絲** |
|  | **C:\Users\user\Desktop\佩佳\裁切菜單\大白菜炒肉片.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\乾燒香菇雞.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\西芹肉絲.jpg** |
| **日式蒸蛋** | **雙花菜** | **魚香紫茄** | **高麗菜** |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\魚香茄子.jpg** |  |
| **山藥雞湯** |  | **玉米粒蛋花湯** |  |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\玉米蛋花湯.jpg** |  |

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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/13**  **(日)** | **排骨酥麵** | **打拋豬** | **木耳肉絲** | **肉絲炒麵疙瘩** | **宮保魚丁** |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\什錦炒麵疙瘩.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\紅燒魚丁.jpg** |
| **醋拌海帶絲** | **油菜** | **白花菜** | **蕃茄豆腐湯** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\醋拌海芽.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\白花菜.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\番茄豆腐湯.jpg** |
| **青木瓜肉片湯** |  | **綠豆薏仁湯** |  |
| **C:\Users\user\Desktop\佩佳\裁切菜單\青木瓜紅棗湯.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\綠豆薏仁湯.jpg** |  |
| **3/14**  **(一)** | **芹菜鮮魚粥**  **C:\Users\user\Desktop\佩佳\裁切菜單\芹香鮮魚粥.jpg**  **雞塊** | **高麗菜飯** | **喜相逢** | **無骨雞排** | **玉米絞肉** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\高麗菜飯.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\茄子魚丁.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\玉米三色.jpg** |
| **芥蘭菜** | **肉骨茶** | **沙茶豆包絲** | **青江菜** |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\沙茶豆包絲.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\青江菜.jpg** |
| **白木耳甜湯** |  | **冬瓜排骨湯** |  |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\冬瓜排骨湯.jpg** |  |

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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/15**  **(二)** | **台式炒麵**  **C:\Users\user\Desktop\佩佳\裁切菜單\台式炒麵.jpg**  **番茄蔬菜湯** | **蘑菇醬豬排** | **西芹甜不辣** | **豆腐蒸魚** | **螞蟻上樹** |
|  | **C:\Users\user\Desktop\佩佳\裁切菜單\西芹甜不辣.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\螞蟻上樹.jpg** |
| **大黃瓜木耳** | **鵝白菜** | **塔香烘蛋** | **高麗菜** |
|  | **C:\Users\user\Desktop\佩佳\裁切菜單\鵝白菜.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\塔香烘蛋.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\炒高麗菜.jpg** |
| **牛蒡珍菇湯** |  | **筍片雞湯** |  |
| **C:\Users\user\Desktop\佩佳\裁切菜單\牛蒡珍菇湯.jpg** |  |  |  |
| **3/16**  **(三)** | **鮮肉包**    **蜜汁豆干**  **C:\Users\user\Desktop\佩佳\裁切菜單\五香滷豆干.jpg**  **阿華田**  **C:\Users\user\Desktop\佩佳\裁切菜單\低糖豆漿.jpg** | **蒲燒鯛魚腹** | **南瓜燒肉末** | **海鮮什錦炒麵** | **香酥雞排** |
|  | **C:\Users\user\Desktop\佩佳\裁切菜單\肉末燒南瓜.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\什錦海鮮炒麵.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\香酥雞排.jpg** |
| **番茄炒蛋** | **菠菜** | **開陽蒲瓜** | **酸菜鴨湯** |
|  | **C:\Users\user\Desktop\佩佳\裁切菜單\油菜.jpg** |  | **C:\Users\user\Desktop\佩佳\每日菜單\酸菜鴨肉湯.jpg** |
| **酸菜豬血湯** |  | **芋頭西米露** |  |
| **C:\Users\user\Desktop\佩佳\裁切菜單\豬血湯.jpg** |  |  |  |

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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/17**  **(四)** | **水餃**    **紅茶** | **義大利肉醬麵** | **烤雞腿** | **海結燒肉** | **毛豆炒蛋** |
|  |  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\毛豆炒蛋.jpg** |
| **青江菜** | **玉米濃湯** | **紅燒茄子** | **蚵白菜** |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\紅燒茄子.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\A菜.jpg** |
| **黑糖芋圓** |  | **番茄蔬菜湯** |  |
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| **3/18**  **(五)** | **廣東粥**  **C:\Users\user\Desktop\佩佳\裁切菜單\廣東粥.jpg**  **滷蛋** | **三杯鴨腿** | **鳳梨木耳** | **清蒸鮮魚** | **滷筍干** |
|  |  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\滷筍干.jpg** |
| **豆鼓苦瓜** | **高麗菜** | **家常豆腐** | **大白菜** |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\家常豆腐.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\大白菜.jpg** |
| **黃豆芽湯** |  | **味噌魚丁湯** |  |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\味噌魚丁湯.jpg** |  |

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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/19**  **(六)** | **麵包**  **C:\Users\user\Desktop\佩佳\裁切菜單\紅豆麵包.jpg**  **保久乳C:\Users\user\Desktop\佩佳\裁切菜單\保久乳.jpg** | **日式炒烏龍麵** | **烤雞翅** | **白玉燒肉** | **焗汁培根洋芋** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\日式炒烏龍麵.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\烤雞翅.jpg** |  | **f_25799339_1.jpg (600×473)** |
| **奶油焗南瓜** | **蘿蔔海結湯** | **大黃瓜木耳** | **豆芽菜** |
|  | **C:\Users\user\Desktop\佩佳\裁切菜單\海帶結蘿蔔湯.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\大黃瓜木耳.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\炒豆芽菜.jpg** |
| **紅豆紫米** |  | **肉骨茶** |  |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\肉骨茶湯.jpg** |  |
| **3/20**  **(日)** | **日式蟳絲湯麵**  **C:\Users\user\Desktop\佩佳\裁切菜單\日式紫菜蟳絲湯麵.jpg** | **粉蒸排骨** | **豆薯肉未** | **火腿玉米蛋炒飯** | **鹹酥雞** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\粉蒸排骨.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\豆薯三絲.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\火腿蛋炒飯.jpg** | **C:\Users\user\Desktop\佩佳\鹹酥雞.jpg** |
| **薑絲海根** | **油菜** | **高麗菜** | **酸辣湯** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\醋溜海根.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\油菜.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\炒高麗菜.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\酸辣湯.jpg** |
| **豬血湯** |  | **綠豆湯** |  |
| **C:\Users\user\Desktop\佩佳\裁切菜單\豬血湯.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\綠豆湯.jpg** |  |

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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/21**  **(一)** | **芋頭瘦肉粥**    **茶葉蛋** | **肉片炒麵** | **烤雞翅** | **清蒸鮮魚** | **四季豆炒菇** |
|  |  |  |  |
| **菠菜** | **油豆腐蘿蔔湯** | **奶油焗南瓜** | **雙花菜** |
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| **燒仙草** |  | **金針雞湯** |  |
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| **3/22**  **(二)** | **鮮肉包**    **烤地瓜**    **保久乳** | **照燒醬雞塊** | **炸杏鮑菇** | **橙汁豬柳** | **雪裡紅炒肉末** |
|  |  |  |  |
| **蒸三色蛋** | **白菜滷** | **大瓜炒生香菇** | **鐵板銀芽** |
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| **當歸鴨湯** |  | **黃豆芽豆腐湯** |  |

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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/23**  **(三)** | **鮮蔬拌意麵**    **蘿蔔芹香湯** | **咖哩豬里肌** | **番茄炒蛋** | **紅燒豬肉麵** | **烤雞** |
|  |  |  |  |
| **焗烤南瓜** | **高麗菜** | **菠菜** | **紅豆小湯圓** |
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| **海芽蛋花湯** |  |  |  |
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| **3/24**  **(四)** | **芋頭肉末米粉湯** | **花枝蝦排** | **奶油培根洋芋** | **蔥爆豬里肌** | **杏鮑菇炒玉米筍** |
|  |  |  |  |
| **洋蔥炒鮮菇** | **青江菜** | **洋蔥炒蛋** | **高麗菜** |
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| **鹹湯圓蔬菜湯** |  | **酸辣湯** |  |
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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/25**  **(五)** | **吻魚玉米粥**  **C:\Users\user\Desktop\佩佳\裁切菜單\玉米肉末粥.jpg**  **餡餅** | **粉蒸排骨** | **豆薯肉末** | **紅燒魚丁** | **塔香海茸** |
|  |  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\塔香海茸.jpg** |
| **油菜** | **薑絲海根** | **沙茶米血** | **小白菜** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\芥藍菜.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\塔香米血.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\小白菜.jpg** |
| **豬血湯** |  | **木瓜排骨湯** |  |
|  |  | **C:\Users\user\Desktop\佩佳\裁切菜單\冬瓜排骨湯.jpg** |  |
| **3/26**  **(六)** | **古早味炒麵**  **C:\Users\user\Desktop\佩佳\裁切菜單\古早味炒麵.jpg**  **味增湯**  **C:\Users\user\Desktop\佩佳\裁切菜單\味噌湯.jpg** | **紅燒魚丁** | **竹筍炒肉絲** | **醬燒豬里肌** | **洋芋肉絲** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\紅燒魚丁.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\竹筍炒肉絲.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\蔥爆豬里肌.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\洋芋三絲.jpg** |
| **毛豆炒杏鮑菇** | **高麗菜** | **西芹甜不辣** | **青江菜** |
| **C:\Users\user\Desktop\佩佳\裁切菜單\毛豆菇絲.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\炒高麗菜.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\西芹甜不辣.jpg** | **C:\Users\user\Desktop\佩佳\裁切菜單\青江菜.jpg** |
| **紅燒排骨湯** |  | **冬瓜魚丸湯** |  |
| **C:\Users\user\Desktop\佩佳\裁切菜單\紅燒湯.jpg** |  | **C:\Users\user\Desktop\佩佳\裁切菜單\冬瓜肉丁湯.jpg** |  |

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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/27**  **(日)** | **香雞排吐司**    **紅茶** | **什錦炒麵** | **黃金柳葉魚** | **三杯雞** | **京醬珍菇肉絲** |
|  |  |  |  |
| **油菜** | **番茄蔬菜湯** | **泡菜年糕** | **鵝白菜** |
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| **燒仙草** |  | **玉米濃湯** |  |
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| **3/28**  **(一)** | **沙茶肉絲麵線** | **紅燒獅子頭** | **三杯杏鮑菇** | **醬瓜蒸肉餅** | **番茄炒蛋豆腐** |
|  |  |  |  |
| **吻魚蒸蛋** | **鐵板銀芽** | **毛豆杏鮑菇** | **香菇大白菜** |
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| **香菇雞湯** |  | **榨菜肉絲湯** |  |
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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/29**  **(二)** | **水煎包**    **奶皇包**    **豆漿** | **咖哩炒麵** | **磨菇豬排** | **香酥魚排** | **青椒炒魷魚** |
|  |  |  |  |
| **菠菜** | **肉羹湯** | **紅蘿蔔炒蛋** | **油菜** |
|  |  |  |  |
| **紅豆湯** |  | **蘿蔔排骨湯** |  |
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| **3/30**  **(三)** | **番茄肉醬麵**    **低糖紅茶** | **炸肉魚** | **京醬珍菇肉絲** | **糖醋醬雞塊** | **杏鮑菇燒角螺** |
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| **四季豆木耳** | **豆鼓苦瓜** | **番茄炒蛋** | **青江菜** |
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| **四神湯** |  | **黃豆芽豆腐湯** |  |
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| **日期** | **早餐** | **午餐** | | **晚餐** | |
| **3/31**  **(四)** | **廣東粥**    **銀絲卷** | **青醬義大利麵** | **花枝蝦排** | **烤雞翅** | **毛豆炒雞丁** |
|  |  |  |  |
| **青花菜** | **番茄蔬菜湯** | **咖哩馬鈴薯** | **高麗菜** |
|  |  |  |  |
| **銀耳蓮子湯** |  | **蘿蔔肉丁湯** |  |
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